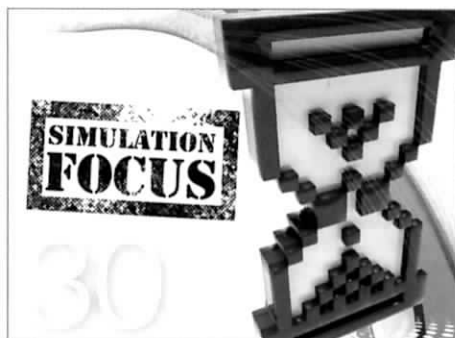
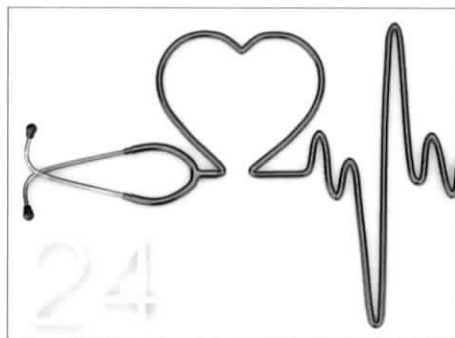


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**on the cover**

Maintaining your health at sea is a process that extends beyond identifying enclosed spaces and avoiding collisions. In this month's medical and health feature beginning **on page 24**, SAS looks at how seafarers can take better care of themselves, from improving cardiac care to stubbing out smoking habits.

For further in-depth coverage go to [safetyatsea.net](http://safetyatsea.net)



### Dacon Rescue Scoop

Installation on the Stand-by vessel "Esvagt Carina"

Agents - Please see [www.dacon.no](http://www.dacon.no) for full details.

• Australia: Wiltrading (WA) PTY Ltd. • Canada: K & D Pratt Group Inc. • China: Jimei Marine Service Co. Ltd.  
• Denmark: DK - Sea Safety AS • UK: Ocean Safety Ltd. • Spain: Tridante SL • Sweden: Sjösäkerhetservice  
• The Netherlands: Traconed B.V • USA: High Seas Trading Co. • Polarix Partners

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Manufacturer of man-overboard recovery equipment

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- Dacon Rescue Frame: Manual/Power assisted recovery equipment for smaller rescue craft
- Dacon Rescue Basket: A stable rescue platform
- Dacon climbing Aid: Scrambling/Recovery net
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