

Contents

Original Research

Mindfulness, Movement Control, and Attentional Focus Strategies: Effects of Mindfulness on a Postural Balance Task  
*Ying Hwa Kee, Nikos N.L.D. Chatzisarantis, Pui Wah Kong, Jia Yi Chow, and Lung Hung Chen* ..... 561

Anxiety, Ego Depletion, and Sports Performance  
*Chris Englert and Alex Bertrams* ..... 580

Train in Vain: The Role of the Self in Claimed Self-Handicapping Strategies  
*Lucie Finez and David K. Sherman*..... 600

Further Validation and Development of the Movement Imagery Questionnaire  
*Sarah E. Williams, Jennifer Cumming, Nikos Ntoumanis, Sanna M. Nordin-Bates, Richard Ramsey, and Craig Hall*..... 621

Exercise Identity and Attribution Properties Predict Negative Self-Conscious Emotions for Exercise Relapse  
*Parminder K. Flora, Shaelyn M. Strachan, Lawrence R. Brawley, and Kevin S. Spink*..... 647

Transcontextual Development of Motivation in Sport Injury Prevention Among Elite Athletes  
*Derwin King-Chung Chan and Martin S. Hagger* ..... 661

The Digest .....683

